

## DRUG/ALCOHOL REHABILITATION CENTRES & DAY PROGRAMMES

Yeldall Manor Rehabilitation Centre	
<b>Yeldall Manor</b> (drugs/alcohol, men) – Blakes Lane, Hare Hatch, Reading RG10 9XR. <i>Admissions: 0118 940 4413. <a href="mailto:admissions@yeldall.org.uk">admissions@yeldall.org.uk</a> Web-site: <a href="http://www.yeldall.org.uk">www.yeldall.org.uk</a></i>	
Other Christian Rehabilitation Centres	
<b>Betel</b> (drugs/alcohol, male & female, funding not required) – Windmill House, Weatheroak Hill, Alvechurch, Birmingham B48 7EA. <i>Tel: 01564 822356. <a href="http://www.betel.org.uk">www.betel.org.uk</a></i>	
<b>Bethany Christian Centres</b> (various support) – 6 Casselbank Street, Edinburgh EH6 5HA. <i>Tel: 0131 454 3125. <a href="mailto:info@bethanyct.com">info@bethanyct.com</a> <a href="http://www.bethanyct.com">www.bethanyct.com</a></i>	
<b>Carpenter's Arms</b> (drugs/alcohol, male, funding not required) – Wharncliffe Road, Loughborough LE11 1SL <i>Tel: 01509 550 246 <a href="mailto:carpentersarms@talktalkbusiness.net">carpentersarms@talktalkbusiness.net</a> <a href="http://www.carpenters-arms.org">www.carpenters-arms.org</a></i>	
<b>City Hearts</b> (addiction and other issues, female, funding not required) – PO Box 4285, Sheffield S2 9BE <i>Tel: 0114 213 2063 <a href="mailto:info@city-hearts.co.uk">info@city-hearts.co.uk</a> <a href="http://www.city-hearts.co.uk">www.city-hearts.co.uk</a></i>	
<b>Gilead Foundation</b> (drugs/alcohol, male/female & women with children) - Risdon Farm, Jacobstowe, Okehampton, Devon EX20 3AJ. <i>Tel: 01837 851240 <a href="http://www.gilead.org.uk">www.gilead.org.uk</a></i>	
<b>Gloucester House</b> (drugs/alcohol, male) – Salvation Army, 6 High Street, Highworth, Swindon SN6 7AG. <i>Tel: 01793 762365 <a href="http://www.gloucesterhouse.org.uk">www.gloucesterhouse.org.uk</a></i>	
<b>Kenward Trust</b> (drugs/alcohol, male/female) – Kenward House, Kenward Road, Yalding, Kent ME18 6AH <i>Tel: 01622 814187. <a href="mailto:enquiry@kenwardtrust.org.uk">enquiry@kenwardtrust.org.uk</a>. <a href="http://www.kenwardtrust.org.uk">www.kenwardtrust.org.uk</a></i>	
<b>Hebron House</b> (drugs/alcohol, female) – 12 Stanley Avenue, Thorpe Hamlet, Norwich NR7 0BE <i>Tel: 01603 439905 <a href="mailto:info@hebrontrust.org.uk">info@hebrontrust.org.uk</a> <a href="http://www.hebrontrust.org.uk">www.hebrontrust.org.uk</a></i>	
<b>House of Heroes, Ovis Farm</b> (drugs/alcohol, male/female – c. 20-50, funding not required) – Ovis Farm, Bratton Fleming, Barnstaple EX31 4TP. <i>Tel: 01598 710989 <a href="http://www.houseofheroes.co.uk">www.houseofheroes.co.uk</a></i>	
<b>Remar UK</b> (drugs/alcohol, male/female – Sheffield, London, Nottingham - funding not required, instant access possible) – 847 High Road, Leytonstone E11 1HH <i>Tel: 0208 5390452 <a href="http://www.remar.uk.com">www.remar.uk.com</a></i>	
<b>Teen Challenge</b> (drugs/alcohol, male/female, up to 35) – Willoughby House, Station Road, Upper Broughton LE14 3BH (women: Wales) <i>Tel: 01664 822221 <a href="http://www.teenchallenge.org.uk">www.teenchallenge.org.uk</a></i>	
<b>Victory Outreach UK</b> (Christian family-based discipleship homes for young people with support) – Impact Centre, Crown Buildings, Ebbw Vale NP23 6YQ <i>Tel: 0845 409 2449 <a href="http://www.vouk.org.uk">www.vouk.org.uk</a></i>	
Local Christian Support Groups / Day Programmes	
<b>Lifeshapers</b> (Discipleship groups in various churches around the country, also suitable for those with addiction problems) <i>Tel: 01453 546775.</i>	
<b>Overcomers</b> (Christian twelve step group for any addictive behaviours) – various locations. <a href="http://www.overcomersoutreach.co.uk">www.overcomersoutreach.co.uk</a>	
<b>Celebrate Recovery</b> (Christian twelve step support group for any addictive behaviours) – various locations. <a href="http://www.celebraterecovery.co.uk">www.celebraterecovery.co.uk</a>	
<b>The Matthew Project</b> (drugs counselling & support) – 24 Pottergate, Norwich NR2 1DX <i>Tel: 01603 626123. E-mail: <a href="mailto:needhelp@matthewproject.org">needhelp@matthewproject.org</a>. <a href="http://www.matthewproject.co.uk">www.matthewproject.co.uk</a></i>	
<b>The Living Room</b> (day programme) – 8-10 The Glebe, Chells Way, Stevenage SG2 0DJ <i>Tel: 01438 355648 <a href="mailto:enquiries@thelivingroom.me.uk">enquiries@thelivingroom.me.uk</a> <a href="http://www.thelivingroom.me.uk">www.thelivingroom.me.uk</a></i>	
<b>Philippi Trust</b> (Christian counselling) – 229 Kings Road, Reading RG1 4LS. (Also Southport, Cornwall & St. Helens) <i>Tel: 0118 966 7422 <a href="http://www.philippi.co.uk">www.philippi.co.uk</a></i>	

Information and Support
<b>Adfam</b> (network for families of people with drug or alcohol problems) – Waterbridge House, 32-36 Loman Street, London SE1 0EH Tel: 020 7928 8898 <a href="http://www.adfam.org.uk">www.adfam.org.uk</a>
<b>Al-Anon</b> (support for families and friends of problem drinkers) 61 Great Dover Street, London SE1 4YF Tel: 020 7403 0888 <a href="http://www.al-anonuk.org.uk">www.al-anonuk.org.uk</a>
<b>Alcoholics Anonymous</b> (support groups for alcoholics) Tel: 0845 7697 555 <a href="http://www.alcoholics-anonymous.org.uk">www.alcoholics-anonymous.org.uk</a>
<b>DIAS</b> (open access drug & alcohol service for Reading, Drop-in: 1pm – 4pm Monday to Friday and Monday evenings by appointment) – 38 Queens Road, Reading RG1 4AU Tel: 0118 956 7441
<b>Drinkline</b> (information and advice for anyone with concerns about their own or someone else's drinking) Tel: 0800 917 82 82 For information see also separate web-site: <a href="http://www.alcoholconcern.org.uk">www.alcoholconcern.org.uk</a>
<b>DrugFam</b> (offering support for families of people with addiction problems in Buckinghamshire & elsewhere. Tel: 08453 8838 53 <a href="http://www.drugfam.co.uk">www.drugfam.co.uk</a>
<b>Drugscope</b> (information about all aspects of drugs and drug abuse) - 32-36 Loman Street, London SE1 0EE Tel: 0202 7928 1211(for information rather than advice) <a href="http://www.drugscope.org.uk">www.drugscope.org.uk</a>
<b>Families Anonymous</b> (support for relatives and friends concerned about someone's drug use) – Tel: 0845 1200 660 <a href="http://www.famanon.org.uk">www.famanon.org.uk</a>
<b>Frank</b> (24 hour information and advice on drugs) Tel: 0800 77 66 00 <a href="http://www.talktofrank.com">www.talktofrank.com</a>
<b>Hope UK</b> (Christian drugs information, training & literature, especially for young people) – 25(f) Copperfield Street, London SE1 0EN Tel: 020 7928 0848 <a href="http://www.hopeuk.org">www.hopeuk.org</a>
<b>Life for the World Trust</b> (Christian addiction training) – Training Resource Centre, Genesis House, Green Park Road, Bath BA1 1JB Tel: 01392 217744 <a href="http://www.lftw.org">www.lftw.org</a>
<b>Narcotics Anonymous</b> (support groups for drug addicts) – UK Service Office, 202 City Road, London EC1V 2PH Tel: 020 7730 0009 <a href="http://www.ukna.org">www.ukna.org</a>
<b>PADA</b> (helpline for families of drug misusers in Merseyside) – Ellergreen Community Centre, Ellergreen Road, LIVERPOOL L11 2KY Tel: 0151 270 2108 <a href="http://www.pada.merseyside.org">www.pada.merseyside.org</a>
<b>Re-Solv</b> (help and information on all aspects of solvent abuse, including for parents) Telephone helpline (office hours): 01785 810762. <a href="http://www.re-solv.org">www.re-solv.org</a>
<b>Samaritans</b> (confidential non-judgemental emotional support, 24 hours a day for people who are experiencing feelings of distress or despair, including those which could lead to suicide.) 08457 90 90 90 <a href="http://www.samaritans.org">www.samaritans.org</a>
<b>The National Association for Children (of all ages) of Alcoholics</b> (support for those with a parent with alcoholism or other addiction) – Tel: 0800 358 3456 <a href="http://www.nacoa.ork.uk">www.nacoa.ork.uk</a>
Literature
<b>Kicking It</b> - A small readable book by David Partington, suitable for anyone struggling with addiction or seeking to help them. Available only from Yeldall, price £3, tel: 0118 940 1093
<b>A Parents' Guide to Drugs and Alcohol</b> – Government leaflet describing various drugs and their effects. This and other literature available free of charge from <a href="http://www.talktofrank.com">www.talktofrank.com</a> . Tel: 0800 77 66 00